

Grief Resources

Below is an on-going group for loss of spouse:

Support for partners grieving spouses up to age 55. Led by Mike Meador, MS, MFT, M.Div.

Thursdays, 5:30p to 7:00p

Price: \$10/cash each session

Phone: 714-547-6494

Web Page: <http://www.mariposacenter.org>

Age Suitability: 18 and up

Creator: OC Register 🍊

[Mariposa Women's Center](#)]

812 Town and Country Rd.

Orange, CA

(714) 547-6494

Below is a website that provides on line classes and support

<http://www.griefsteps.com/esupport.htm>

Below is a website that provides information on grieving

http://www.helpguide.org/mental/grief_loss.htm

Below is a website that is for families that have lost a child

<http://compassionatefriends.com/>

Below is a website of radio shows on different grief subjects

<http://www.compassionatefriends.org/VM%20Radio%20Shows/Healing%20the%20Grieving%20Heart.htm>